

# The Essential Guide to Brain-Computer Interface Technology Advancements

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Abstract: This paper reviews current brain-computer interface (BCI) technology. It starts with an introduction to BCIs. It explains how they work. It covers the most common platforms. The paper then looks at BCI system parts. This includes hardware, software, and signal processing. It also examines research trends for BCI use. These uses are in medicine, education, and other areas. It discusses future applications. The paper ends with key challenges. These must be met for wider use. This assessment offers insight into BCI progress. It shows where the field is going.

Keywords: brain-computer interface, EEG, artificial intelligence, classification, signal processing

#### I. Introduction

Brain-computer interfaces (BCIs) are a fast-changing field. They may transform how people use computers. BCIs read brain activity. They turn this into commands for devices. Users control machines with thoughts alone. More importantly, neuro-gadgets help disabled people. This includes those with paralyzed limbs. BCIs are usually one-way or two-way. One-way BCIs either read from or write to the brain. Two-way BCIs allow data flow both ways. This lets the brain control outside devices. Research on feedback methods continues. The goal is to turn outside commands into nerve signals. For example, this could help paralyzed people move legs. They could use a tablet to control leg muscles. Neural networks and learning algorithms help process signals. Brain activity differs per person. Systems need long training times. This helps the BCI read a user's commands. Training length depends on command count. This technology is still new. Recent progress shows great promise. Applications include medical help and gaming. This paper reviews current BCI tech. It covers platforms, methods, and uses. Platforms BCI operation follows a typical structure. Electrodes capture brain signals. A BCI chip then cleans these signals. It removes noise from outside source. It also removes device-related noise. The cleaned signal is analyzed for commands. Artificial neural networks often do this. They process data well and adapt. The command usually goes to an outside device. A programmed algorithm handles it there. Some special systems do this task themselves. The device then acts on the command.

## 1. BCI Operation Principles

Neural interfaces, or Brain-Computer Interfaces (BCIs), classify into three types based on invasiveness: invasive, non-invasive, and semi-invasive. Invasive interfaces implant microelectrodes directly into the brain. They offer high effectiveness but carry greater risk. Non-invasive methods, like EEG and MEG, study brain activity from outside the head. They do not require implants. Semi-invasive BCIs place electrodes beneath the skull, on the brain's surface, such as with ECoG. BCI sensor types include invasive (IM), semi-invasive (ECoG), and non-invasive (MEG, EEG, fNIRS). Currently, invasive and semi-invasive interfaces serve medical



purposes. They help improve life for those with disabilities. These devices also aid in treating and preventing various illnesses. Non-invasive BCIs are becoming popular in the gaming industry. As new neuro-gadgets emerge, this area could transform. It is possible smartphones might soon read thoughts. Research into this is ongoing. Electroencephalography (EEG) is the most common BCI research tool. EEG uses scalp electrodes to detect brain signals from neurons. This provides insight into neural activity linked to cognitive functions. Other common methods include fNIRS, MEG, and ECoG. These measure different neural signals. They are valuable for BCI development due to better signal timing or deeper activity detection [1,2,3]. EEG monitors brain electrical activity. EEG signals show brain wave frequencies. They serve as input for BCIs. EEG diagnoses and treats brain disorders. It also tracks sleep and studies thinking. Modern EEG sensors are smaller and more accurate. They are also easier to use. EEG's non-invasive nature and simple data analysis make it a popular BCI method. EEG sensors use scalp electrodes. They record electrical signals from brain neurons. Monitoring these signals reveals mental states. Changes in alertness or sleep can be detected. Abnormal brain activity, like seizures or stroke damage, is also visible. EEG data can assess cognitive skills. This includes attention span and memory speed [4].

#### 2.Motor Control with Intracranial BMIs

SSN:2509-0119

## 2.1. Theories of Motor Manipulate as A Basis for Motor BMIs

Motor BMIs extract motor commands from a pattern of neuronal interest and send this control data to outside gadgets that example the moves imagined through the operator. On the basic science level, these systems are supposed to research the physiological properties of motor circuits, theories on neuronal encoding, and the effect of getting to know and plasticity on neuronal ensembles. From a clinical factor of view, BMIs frequently purpose to repair crucial motor behaviors, which include arm actions or locomotion, to patients laid low with devastating levels of body paralysis, due to brain trauma or degenerative neurological sicknesses. The layout of existing motor BMIs, in many approaches, matches clear-cut theories of the motor gadget format and operation. the first design issue is in which inside the brain to record neural activity that might be transformed into motor instructions to an external tool. This trouble is closely related to the assessment of practical roles of various mind areas and the styles of neural processing they carry out. Since the motor machine in primates is defined by using a highly interconnected community of cortical, subcortical, and spinal structures, in preferred, there are many brain regions that could offer inputs for motor BMIs. Classically, the motor device is defined as being formed by a hierarchy, in which cortical motor areas are presumed to address superior or better order features, for instance, dexterous hand moves, in the meantime, decrease-order subcortical regions are presumed to control much less complex, automatic motor acts. On this motor hierarchy, the spinal cord has been historically believed to address low-order capabilities, consisting of reflexes (5) and central pattern generators (CPGs) (6). Reflexes are computerized, and frequently unconscious motor responses to sensory stimuli. In contrast, voluntary moves are organized and executed underneath cortical manage.

They may be associated with external stimuli, however may originate inside the thoughts instead of being caused by sensory inputs. At the same time as there are merits to the type of motor activities into much less advanced, computerized responses and more advanced, voluntary movements (7), our paintings have repeatedly proven that there's a constant go with the flow of information among cortical, subcortical, and spinal structures throughout the execution of motor behaviors (8-11). In this allotted view of the motor device, there is no clear-cut separation among high-order and low-order processing. In assist of our view, almost any motor mission entails a combination of voluntary and reflex activities (12). Several theories of motor manage have influenced the design and experimentation with BMI. for example, the idea of frame schema, a quite vital idea for modern-day BMI studies, become originally proposed by way of Head and Holmes one century ago (complex sensory changes produced by lesions of the cerebral cortex and thalamus) (13). In keeping with Head and Holmes' unique formula, the brain creates an inner model of the body, the body schema, which governs motor activities and perceptions. The body schema is continuously updated by way of streams of sensory facts. With the emergence of BMI research, the concept of frame schema was no longer most effective investigated however acquired a complete new angle; one wherein artificial prosthetic limbs, controlled at once by way of the affected person's own brain activity for the duration of the utilization of a BMI, are believed to be assimilated into the frame schema as extensions of the issue's organic body, through the method of plasticity caused via BMI lengthy-time period utilization (14). Clear straight forward theories of motor manipulate are rooted within the thoughts of Head and Holmes and, as such, have come to be the situation of investigation by means of BMI studies. The inner version principle (15-18) describes the motor system as being defined by using additives: the



controlled item (e.g., a body element or the whole body) and the controller. The controller makes use of an internal model to program life motor states. while the item motion is done, the controller compares the anticipated states with the real sensory feedback from the managed item. If a discrepancy between the expected and real state is detected, the controller problems a correction command. It has been suggested that to be effective, BMIs have to carry out similar ahead planning based totally on an internal version (19,20).

Another famous motor manage concept; Feldman's equilibrium points theory shows a likely neural mechanism to put in force the controller. On this theory, better-order motor facilities control the placement of an equilibrium factor for the limb, and the limb is added to the equilibrium point by way of a spinal servo mechanism. BMIs with a similar separation among the higher-order and occasional-order controls had been proposed. On this layout, called shared-manipulate BMI, excessive-order motor instructions are extracted from cortical interest, while the low-order execution is delegated to a robotic controller, which handles the "equilibrium point" using Feldman's terminology (21,22). Choice feedback manage is but another famous motor control idea (23,24,25). This concept describes a greatest approach for using a couple of biomechanical stages of freedom to reap the purpose of a motor motion. The method is primarily based on stochastic most efficient feedback control that corrects deviations in the stages of freedom that define task desires, whilst allowing variability in project-irrelevant dimensions. The theory explains such phenomena as motor variability, blunders corrections, and motor synergies. numerous BMI decoders that enforce highest quality feedback control have been proposed (26-28). Those BMIs estimate the overall performance mistakes via comparing the contemporary vicinity of an actuator with the planned trajectory estimated from the neuronal alerts. A correction is then issued in an appropriate dimension.

#### 2.2. BMI Control of Virtual and Robotic Limbs

SSN:2509-0119

Motor BMIs that enable higher limb functionality, for instance, a BMI for arm attaining and grasping (29), have acquired particular attention because of the obvious key significance of arm actions in our day-by-day existence. The first BMI of this type operated in an open-loop mode, i.e., without any sensory feedback from the BMI-managed actuator (30). In that experiment, at the same time as new world monkeys manipulated a joystick, their cortical activity was decoded and converted into the actions of a robot arm the use of a web protocol. The monkeys did now not see the robotic, which changed into located in a one-of-a-kind country many hundreds of miles from the animal. All subsequent BMI demonstrations applied a robot arm operated in a closed-loop mode (29,31,32,33), wherein monkeys received visual comments of the robotic arm actions and could correct their overall performance mistakes. The principal components of a motor BMI that controls a robotic arm are featured inside the device evolved in our laboratory in 2003 (29). Here, rhesus monkeys learned to control reaching and greedy moves achieved by using a robotic arm with the aid of the usage of handiest the combined electrical hobby of cortical ensembles recorded with multi-electrode arrays, built from bendy Teflon-covered microwires chronically implanted in multiple cortical areas, which includes M1, S1, PMd, supplementary motor location (SMA), and posterior parietal cortex. These cortical areas have been chosen due to the fact they belong to the frontal-parietal cortical circuitry that controls aim-directed arm and hand moves (34,35,36).

Monkeys first of all accomplished a motor assignment, setting a computer cursor to the center of a transferring circle that served as a goal, manually. To try this, monkeys grasped a joystick and shifted it in specific instructions; the joystick function become translated into the cursor position on the screen. Later levels of this behavioral assignment additionally required that the monkeys observe gripping force to the joystick deal with, at the give up of the accomplishing movement, in order that they might imitate greedy the digital goal. subsequent, monkeys learned to manipulate the attain and hold close moves of the robot arm prepared with a gripper. For the reason that joystick was related to the robot arm, when the monkey moved the joystick and implemented hand gripping pressure to it, the robotic arm and gripper reproduced those moves. The visual comments of the robotic actions changed into brought to the laptop display, where the robotic position changed into represented by means of a circular cursor and the gripping pressure became represented by way of the cursor diameter. The virtual objectives that the robot had to reach and snatch have been represented via circles of various diameters. To win a fruit juice reward, monkeys had to pass the robot, region its gripper over the virtual goal, after which produce the correct stage of gripping pressure, to in shape the cursor diameter with the diameter of the target.

Even as monkeys practiced these attain and hold close undertaking, the firing charges of ~one hundred cortical neurons, dispensed across the cortical areas mentioned above, were fed into more than one Wiener clear out algorithms in order that a couple of

SSN-2509-0119



Vol. 53 No. 2 November 2025, pp. 464-497

parameters can be generated continuously to control the attain and draw close actions of the robot arm. In mind-manage mode, the joystick becomes electrically disconnected from the robot and the outputs of the Wiener filters defined the robotic moves. The monkeys endured to govern the joystick with their arms although it was disconnected from the machine. After the monkeys perfected this mind control assisted by using the joystick movements, the joystick became eliminated from the setup. At this stage, to receive its fruit juice reward, the monkey should now not rely upon the nicely-skilled joystick venture. instead, they had to discover ways to manipulate the robot with their own cortical hobby without supporting themselves with arm movements. The overall performance mistakes had been initially high, however then reduced as the monkeys practiced in the mind manage without hand actions. Gaining knowledge of to govern this BMI became followed by way of a temporary increase in correlation between the concurrently recorded cortical neurons (29,37), inside and between cortical regions, and with the aid of modifications in neuronal tuning to the robotic arm movements (31).

Numerous different organizations developed BMIs for arm accomplishing, as well. Schwartz and his colleagues have explored the possibility of acting BMI control over accomplishing in 3 dimensions (3D). In a single study, they trained monkeys to wear stereoscopic goggles that displayed 3-D moves of a cursor (32). Within the starting of each trial, the cursor was positioned in the middle of this virtual reality display. A spherical target then regarded at a random 3D vicinity, and the monkeys acquired it with the cursor to get hold of a reward. At some point of the guide manage mode, monkeys waved their hands within the air to move the cursor. The hand moves were monitored through a video monitoring machine, during the brain control mode, the cursor becomes moved by cortical pastime processed by way of an interpreting set of rules. Initially, the researchers tried to educate a population vector decoder the use of the manual overall performance records, after which use that decoder for mind manipulate, however, after figuring out that this control became not sufficiently accurate, they sought an adaptive set of rules that might improve the performance. Their adaptive decoder, called coadapted movement prediction algorithm, adjusted the decoder parameters in order that the trajectories generated via the BMI were brought in the direction of the perfect linear trajectories connecting the preliminary principal role and the goal.

Building on those results, the Schwartz laboratory advanced a BMI for monkey self-feeding (33). For this cause, they used a robot arm prepared with a gripper that picked a chunk of meals and taken it to the monkey's mouth. Those experimental settings resembled the preceding study of Lebedev and clever where a robot manipulator brought meals to monkeys (38). In Schwartz's look at, the robotic changed into managed by a linear decoder that transformed cortical neuronal populace activity into the rate of the robotics' quit factor. The gripper's commencing and remaining became commanded by using cortical activity, as properly. The authors stated a curious type of gaining knowledge of throughout those BMI operations: monkeys found out to begin beginning the gripper before it reached the goal. They may do this without risking dropping a chunk of meals because marshmallows that caught to the gripper have been used as rewards, despite the fact that the monkeys probable centred less on controlling the feeder due to the sticky rewards, this observation illustrates that BMI manipulate, like everyday motor manage, can go through variation.

Following those demonstrations of unimanual BMI manage, the Nicolelis laboratory took the subsequent logical step in these studies via demonstrating a BMI that controlled artificial hands concurrently (39). In that observe, rhesus monkeys viewed two virtual fingers on a pc display, and commanded their achieving actions the usage of a cortical BMI that applied the extracellular hobby of ~400 neurons sampled in a couple of areas of each hemisphere, such as M1, S1, PMd, and SMA. Cortical ensemble activity turned into transformed into bimanual movements the usage of a UKF that handled the kinematic parameters of both fingers as components of the equal state model. The decoder became skilled both the use of a joystick mission in which monkeys moved the virtual fingers with joysticks or through a passive statement challenge that required monkeys to watch the virtual fingers pass at the display. Subsequently, the monkeys have been capable of control the virtual hands by way of their cortical activity without moving their very own hands. This learning turned into observed by means of tremendous cortical plasticity that manifested itself via a boom in cortical responses to the commentary of digital arm movements and by using adjustments in pairwise correlations between neurons.

John Donoghue's group at Brown conducted numerous BMI studies in implanted human beings. In those studies, paralyzed patients were implanted with the Utah array in the M1. The sufferers discovered BMI manipulate of a display screen cursor or a robotic arm (40). One of the sufferers discovered to understand a coffee bottle with a robot hand and, particularly slowly (greater than 1 min in line with trial), bring it to her mouth. The slowness of operation became likely related to a deteriorated satisfactory of neuronal



Vol. 53 No. 2 November 2025, pp. 464-497

recordings. The examine did no longer document the quantity of neurons acting the manipulate. as a substitute, it mentioned that neuronal electrical signals were picked up through ninety-six recording channels. An easy threshold crossing method became used to come across multiunit pastime. The decoding changed into done using a Kalman filter out that become to start with trained to are expecting robot hand displacements because the patients discovered the moves of the robotic arm and imagined themselves controlling the ones moves. The Kalman filter decoder became iteratively adjusted throughout the section of BMI manage. To ease the studying, the affected person's performance turned into corrected via laptop instructions that brought the robotic arm toward the most beneficial trajectory. This technique, known as "error attenuation" consisted of decreasing the robot movement instructions orthogonal to the trajectory connecting the robotic to the target. The contribution from the mistake attenuation habitual become steadily reduced and sooner or later removed. The robotic hand kingdom became controlled the usage of an LDA classifier that, further to the speed decoder, become educated the usage of observations of the robot movements combined with motor imagery. The drinking undertaking become in addition assisted by means of a preprogrammed sequence of movements. First, the LDA classifier commanded an automatic impedance-controlled greedy and lifting the bottle. Second, the equal classifier stopped the moves of the robot arm and pronated the robot wrist to point the bottle toward the affected person. Third, the robotic wrist turned into added to its preliminary function and arm moves allowed, and fourth, the bottle decreased to the desk and launched. this sort of mode of operation, wherein manipulate functions are distributed between a BMI operator and the robot controller, is stated in the literature as shared manage (21,41,42).

At the same time as the experiments of Donoghue and his colleagues have demonstrated that sufferers with higher-limb paralysis can employ their cortical activity, recorded from the arm and hand representations in MI; to manipulate the reaching and greedy movements executed through a robotic arm, several key questions continue to be concerning the character of this control. The motion pictures from their experiments show that the topics could flow their heads. In a number of the rigors, they in reality tracked the robot displacement with head actions. Arm movements accompanying the grasp command to the robot are also noticeable within the movies. those observations propose that cortical neuronal hobby associated with head actions, which, in these patients, in all likelihood increased past the authentic head illustration earlier than the trauma or disorder, might have been worried in controlling the robot arm, similarly to the newly created cortical representation of the robot.

Overall, the role of assistive overt behaviors in BMI control, i.e., actions of body parts and the eyes that might be used to generate neural inputs for a BMI, is often neglected or downplayed within the literature. genuinely, this topic will require greater scrutiny within the future. Traditionally, neurophysiological experiments strived for maximal manipulate of unwanted overt behaviors. as an instance, neurophysiologists have evolved an advised delay task in which an animal is not allowed to provide any motor output even as making ready a motion (43). But, even supposing an instructed-put off challenge is properly-learned, and no overt movement happens, motor practise nonetheless reasons activation of spinal circuits concerned in low-stage motor manage (44). consequently, even a completely smooth BMI test, in which the challenge does now not flow the limbs or eyes, might also contain activation of each higher-order brain regions that pressure the BMI, and coffee-order subcortical and spinal areas. This isn't always a hassle for practical BMI implementations, however as a substitute a problem that needs to be higher understood. For realistic BMIs, even the presence of overt behaviors may be useful due to the fact they could improve the situation's performance. Certainly, BMIs that blend several mind-derived indicators with the signals representing overt behaviors, for example, eye movements or EMGs, are referred to as hybrid BMIs (45-48).

Of their clinical trials, Schwartz and his colleagues further improved the accuracy BMI control exerted by means of a paralyzed human. They recorded from close to two hundred neurons in a character with tetraplegia implanted with multielectrode arrays within the motor cortex (49). As expected inside the early 2000s by using our lab (29,30), the growth in the wide variety of concurrently recorded neurons caused an improvement within the BMI performance. The concern received manage of an anthropomorphic robotic arm that finished skilful and coordinated achieving and grasping moves, like achieving to a knob after which turning it clockwise or counterclockwise. Like in Donoghue's experiments, lots of these experiments applied assisted BMI control, where the subjects' errors were corrected by means of the controller to facilitate gaining knowledge of. The topics were finally able to operate without that assistance.



Altogether, this scientific research validated the feasibility of implementing cortically controlled BMIs to breed top limb moves. they also exposed a number of troubles that prevent immediately translation of those systems into the medical arena (466). One trouble is the requirement for realistic neural prostheses to be fully implantable, stressed implants are appropriate for animal experiments and short-time period scientific trials, but not for devices aimed at serving as lengthy-term medical solutions. In a realistic scientific system, implanted electrodes and preamplifiers ought to be absolutely contained under the scalp even as wireless era is used to switch huge-scale recorded neural alerts, moreover, implant biocompatibility remains a problematic issue. The usage of the Utah probe, in both monkeys and human topics, has again shown that the high-quality of neural recordings has a tendency to become worse with time due to electrode encapsulation and neuronal tissue loss, in all likelihood as a result of the tissue harm because of the electrodes, eventually, there are numerous demanding situations for real-time decoding algorithms, which presently are confined to small units of motor behaviors.

## 2.3. BMI for Walking

SSN:2509-0119

Over the past a long time of explosive BMI improvement, research targeted mostly on controlling neuro-prosthetic gadgets that mimic upper limb functions. But, tens of millions of human beings global be afflicted by paralysis of the lower limbs because of trauma to the spinal cord or neurodegenerative diseases that have an effect on the peripheral worried gadget, additionally, there are millions of lower limb amputees and patients who suffer from neurological problems that affect gait, along with Parkinson's sickness. A cortically driven BMI for interpreting of bipedal walking was first advanced through our laboratory (50). In those experiments, two macaque monkeys had been skilled to walk bipedally on a treadmill at the same time as retaining a bar with their palms to help stability. Subsequent, the monkeys were implanted with multielectrode arrays placed within the regions of M1 and S1 representing the lower limbs. The neuronal ensemble recordings carried out with these implants showed that, whilst monkeys walked at the treadmill, cortical neuronal discharges have been correlated with the stepping movements. Thanks to those correlations, the Nicolelis lab researchers should extract multiple decrease limb kinematic parameters from the cortical recordings. More than one Wiener filters had been used for that motive, which extracted 3-D role of the hip, knee, and ankle joints, as well as the EMGs of leg muscular tissues. The interpreting reconstructed motion patterns of both ahead and backward walking.

In a 2nd collection of experiments, using a custom-designed net connection, the Nicolelis organization transmitted the output in their BMI to a humanoid robot constructed with the aid of Gordon Cheng and Mitsuo Kawato on the superior Telecommunications studies (ATR) Institute in Kyoto, Japan (51). The humanoid robot received non-stop alerts from the BMI via an optimized net link that minimized the transmission postpone. A picture of the walking robot was projected to the display screen set up in front of the monkey. To begin with, the robot changed into suspended over a treadmill. In later experiments, monkey cortical pastime changed into hired to induce controlled bipedal strolling of the equal robotic at the floor (52). After this look at, interpreting of kinematics of monkey quadrupedal walking from cortical interest turned into tested by using different agencies, again with correct precision (53,54,55). Moreover, leg EMGs all through standing and squatting have been extracted from monkey M1 pastime (56).

For the case of quadrupedal locomotion, Capogrosso et al. (57) currently pronounced a "brain-spine interface" that alleviated gait deficits in rhesus macaques with unilateral spinal cord injuries. They implanted rhesus monkeys with multielectrode arrays located in the leg vicinity of M1, contralateral to the following SCI site. Electrical stimulation turned into applied epidurally to dorsal roots to supply extensions and flexions of the leg weakened with the aid of the SCI. Monkeys learned to volitionally manipulate the paralyzed leg the usage of the interface that transformed cortical neuronal activity into the spinal stimulation styles. The authors argued that, because they recorded in M1 illustration of the affected leg, the extracted motor commands represented intentions to transport that leg. A cautious examination of their technique, but, raises numerous pivotal worries. First, they employed a decoder training method that relied on the presence of overt actions in the affected leg that exhibited "residual hip or knee oscillations." without a doubt, this could be related to the mechanical perturbations caused by the actions of the intact limbs, as opposed to voluntary tries to execute steps with the paralyzed leg. Second, the neuronal modulations in the M1 ipsilateral to the lesion may want to represent the actions of the intact limbs that might flow typically. Such illustration ought to occur because the end result of cortical plasticity following the SCI and maintained by using cortico-cortical connections (58). As a result, factors unique from the monkey's authentic aim to move the paralyzed leg may want to underlie the cortical modulations that precipitated electric

ISSN: 2509-0119

Vol. 53 No. 2 November 2025



stimulation of the dorsal roots and evoked the synthetic steps. In addition to helping disabled humans to regain the potential to stroll, BMIs may be employed as a rehabilitation technique (59).

## 2.4. BMI for Entire Frame Navigation

SSN:2509-0119

Currently, the wheelchair is the main assistive tool that permits navigation to human beings suffering from paralysis. Our laboratory additionally pioneered an intracranial BMI for wheelchair manage (60). On this study, two rhesus monkeys had been skilled to control a robotic wheelchair, at the same time as being seated on pinnacle of it, by means of the hobby of their cortical neuronal ensembles. Monkeys had been chronically implanted with microelectrode arrays in multiple regions of both hemispheres. Neuronal ensemble pastime in those areas turned into recorded using our wireless recording machine (55). Wiener filters had been used as decoders. every experimental session started with a decoder training consultation, wherein the robot wheelchair became driven with the aid of the computer; Monkeys remained passive observers of these moves. In the course of this passive navigation, two Wiener filters had been skilled to extract wheelchair kinematics from cortical pastime. Such decoding was possible due to the fact cortical neurons have been tuned to the wheelchair movements. One Wiener clear out extracted translational pace of the wheelchair (actions forward and backwards), whereas the other extracted rotational pace (leftward and rightward rotations). Following the schooling session, the mode of operation became switched to brain control, where the monkeys' cortical interest changed into now mapped into the wheelchair's translation and rotation velocities. The behavioral project consisted of using the wheelchair toward a meals dispenser that added grapes as a reward, as the monkeys educated, their ability to navigate the wheelchair with cortical indicators advanced, moreover, overall performance at the wheelchair navigation project resulted inside the emergence of an illustration of the gap to praise place, a tuning belonging that resembled hippocampal place cells, in the primary motor and somatosensory cortical areas. This representation turned into completely unrelated to the settings of the decoder.

Whilst our BMI converted M1 and S1 interest directly into complete body navigation instructions, without the need for any intermediary overt behaviors, an opportunity approach to permit such navigation is to have monkeys steer a motorized wheelchair with a joystick. These days, it's been shown that monkeys can perform such guidance to navigate a complex maze (61). Furthermore, one examines has shown a transition from joystick manage to BMI manage of a wheelchair (62). In that have a look at, neuronal ensemble pastime was recorded the usage of cortical arrays implanted within the arm illustration of M1. Monkeys were to begin with educated to steer the wheelchair with a joystick. Even as they did so, a decoder became skilled to categorise the joystick steering instructions based totally on M1 pastime. Next, the mode of operation turned into switched to brain manipulate, wherein the steering command changed into derived from cortical interest. ultimately, the authors verified that, like in our examine, the decoder might be skilled without the joystick movements. apparently, pastime patterns of some M1 neurons modified dramatically after the mode of operation was switched from joystick manipulate to mind manage. using the joystick in the context of BMI manage of entire frame navigation incredibly resembles the previous implementations of BMIs for arm attaining (29,39). but an important distinction is that subjects ought to study a spatial transformation from the arm to the joystick actions (63). Common, these studies have proven that intracranial BMIs may want to pressure a prosthetic tool that enabled entire frame mobility, this type of device might be used to repair mobility to significantly paralyzed patients within the future.

#### 2.5. BMIs That Make Use of FES

Functional electrical stimulation (FES) of peripheral nerves is a promising method to repair motor functions to paralyzed subjects. FES-based totally BMIs purpose to apply the concern's own mind pastime to manipulate the delivery of electrical stimulation to his/her personal muscle mass that would then flow their limbs. Over the past decade and a half, some progress has been suggested with such BMIs. The initial proof of the feasibility of BMIs that mimic muscle hobby became furnished through the demonstrations that EMGs of arm (63) and leg (64) muscular tissues can be extracted from the interest of cortical neuronal populations. additionally, studies in healthful human subjects confirmed that a multichannel FES ought to produce near-everyday hand movement patterns (65,66).

The first demonstration of a BMI with FES output was accomplished by using Pfurtscheller and co-workers who aided a tetraplegic affected person with a FES tool attached to his forearm. The FES turned into managed by using bursts of cortical beta pastime (18–25 Hz) recorded by EEG electrodes positioned over the patient's sensorimotor cortex while he tried to imagine transferring his foot.



After some exercise, the issue learned to grasp items the use of this device. Several demonstrations of BMI-controlled FES had been finished in monkey studies. Eberhard Fetz' organization briefly paralyzed monkeys' fingers with an anesthetic blockade (67) after which employed the firing charge of neurons positioned in the number one motor cortex (M1) to manipulate an FES device that evoked wrist torques. visual remarks of the torque were furnished by a display screen cursor. Monkeys correctly discovered to manipulate this BMI. moreover, M1 neurons, which have been first of all poorly related to hand movements in a manual venture, later on advanced assignment-associated modulations in the course of the BMI control.

Lee Miller and co-workers also confirmed mind manage with an FES tool (68,69). Their FES device was controlled with the aid of populations of ~100 motor cortical neurons recorded with chronically implanted microelectrode arrays in the monkey M1. Hand paralysis in those animals become prompted by an anesthetic block of the median and ulnar nerves at the elbow degree. After the voluntary motor control of the hand became extinguished, the researchers activated forearm muscle tissues with FES driven via the M1 alerts. Monkeys have been able to perform object grasping with this neural prosthesis.

Bouton et al., established a BMI with FES in a paralyzed human with an intracranial multielectrode implant. The study problem suffered from a C5/C6 entire, non-spastic quadriplegia, as a consequence of a diving accident. A Utah array become implanted inside the hand area of M1, which allowed recordings from as much as 50 single units simultaneously. The recordings persisted for 350 days, and 33 devices have been remoted by means of the give up of the look at. at some stage in the education session, the situation attempted to provide six wrist and hand actions. These movements have been impaired by means of the paralysis however may be evoked by means of FES. The FES become brought using a 130-electrode array of floor electrodes embedded in a sleeve that became wrapped around the forearm. Neuronal population hobby was transformed into FES patterns using a couple of simultaneous neural decoders based totally on a nonlinear kernel method with a non-smooth aid vector machine. throughout the brain manage mode of operation, the issue changed into required to generate hand movement that matched the cue proven on a pc display screen. Following training, he managed to carry out up to 70% of trials efficaciously. Notwithstanding the success of these demonstrations, the use of FES to restore actions meets a number of problems, such as muscle fatigue (70,71,72) and difficulties in attaining precise accuracy of evoked movements without sensory feedback of pressure and function (73,74,75).

## 2.6. Neuronal Plasticity in Motor BMIs

SSN:2509-0119

Topics commonly experience difficulties whilst they're first brought to mind-control mode of BMI operation. Yet, through the years, they enhance their overall performance with continuous practice. Such upgrades have comparable mechanisms as gaining knowledge of new motor abelites (76-83). As such, many authors have proposed that neuronal plasticity is vital for BMIs to work properly in both animal and human topics (29,84-86). Some authors have long gone as a long way as to implicate cortical plasticity brought on through BMI operations as the important thing mechanism through which topics should assimilate prosthetic limbs or maybe different actuators, such as digital limbs, as extensions of the concern's body schema created by the mind (89-91).

In standard, BMI manage of a synthetic actuator has a whole lot in commonplace with the neurophysiological mechanisms worried in studying to use and turn out to be talented in device handling, operations known to awaken mind plasticity (85,92-95). This likeness can be without problems demonstrated via reviewing the experiments carried out by using Atsushi Iriki's laboratory. in their fundamental experiments on primate device utilization, Iriki et al., trained macaque monkeys to attain towards distant gadgets, which could not be carried out with the aid of using their hands by myself, by using an external tool: a rake. Before monkeys could use the rake, the researchers measured the receptive fields of multimodal neurons in the posterior parietal cortex. previous to the usage of the artificial tool, those parietal cortical neurons exhibited each tactile and visible receptive fields (RFs) associated with the animal's hand: at the same time as the tactile RF was placed at the hand skin, the visible RF was circumscribed to the visible space that carefully surrounds the hand, the so-known as peri-private area. After the monkeys practiced and have become talented within the project of retrieving grapes with the rake, Iriki et al. located that the visible RFs of the parietal neurons accelerated to include the whole length of the rake, in addition to the peri-non-public area around the animal's hand. The Iriki laboratory interpreted those results as an offer that those cortical diversifications represented changes of the animal's frame schema that resulted inside the incorporation of the rake as an extension of the animal's arm, as visible from the brain's very own factor of view (96).



Vol. 53 No. 2 November 2025, pp. 464-497

Long-time period operation of BMIs that manage the movements of artificial actuators, robotic or maybe digital palms, ends in similar brain remapping of the receptive fields of cortical neurons placed in a couple of motor and somatosensory regions, as described by means of Iriki in their experiments with device usage. Several studies from our laboratory reported neuronal plasticity all through learning to operate BMIs, starting with the study by way of Carmena et al. (29) that confirmed adjustments in neuronal tuning curves followed with the aid of adjustments in correlation between neurons as monkeys found out to perform a BMI that enacted accomplishing and greedy moves. Adjustments in neuronal tuning have been similarly investigated through Lebedev et al., and Zacksenhouse et al. (97) mentioned more potent cortical firing modulations all through gaining knowledge of BMI duties, which decreased after monkeys learned. Brief increases in correlations among neurons, related to getting to know a bimanual BMI undertaking, had been confirmed by way of our laboratory (39). General, these studies confirmed that, after the mode of operation is switched to brain manage, neuronal hobby styles markedly changed, both at the extent of individual neurons and their populations. Adjustments in neuronal tuning have been observed even if monkeys continued to carry out arm movements throughout mind manage. In this example, neuronal tuning to actions in their personal arms weakened, and the neurons commenced to represent the BMI-controlled actuator alternatively (31). Moreover, neuronal tuning to the actuator remained even when monkeys stopped shifting their personal arms. On the population stage, switching to mind control turned into associated with improved synchrony among the neurons and, consequently, with many neurons having very similar desired directions (29, 39).

Evaluation of changes in neuronal tuning at some stage in BMI operations has several caveats. The main element that has to be taken into consideration in such an analysis is that, during brain manage, neuronal tuning properties no longer depend on the brain circuitry by myself, however also basically depend on the decoder settings. Indeed, the decoder makes use of a switch feature or an algorithm to translate the activity sample of each neuron right into a contribution to actuator moves. inside the case a Wiener filter out is used for interpreting, the contribution of a neuron to a given diploma of freedom is described via the load assigned to that neuron. as an example, if a neuron is about to have rightward tuning, the decoder translates the discharge price of that neuron into increments of the x-coordinate of the actuator, while no contribution is made to the y-coordinate. This decoder-assigned tuning can be distinctive from the proper neurophysiological houses of the neuron. Say, the neuron has switched to representing the y-coordinate and now fits the consumer's intention to alternate the actuator's y-coordinate and/or responds to the visible of the y-coordinate. regardless of this new representation, the neuron will still make contributions to the x-coordinate best due to the authentic decoder settings. In another scenario, the neuron fires at random and does not constitute any intention or remarks, but still has a directionally tuned contribution mounted by using the decoder.

The interpretation of neuronal tuning at some point of BMI control is in addition complicated via the ensemble properties of the neurons contributing to the interpreting, bear in mind a Wiener filter out (for simplicity with just one faucet) implemented to a population of randomly firing neurons. An evaluation of directional properties of each neuron inside the population could display cosine tuning with a desired path defined through the Weiner filter weights assigned to the x and y dimensions. In this case, neuronal tuning during BMI control does not always suit any neuronal illustration of the person motor intention and/or sensory feedback from the actuator; the tuning only corresponds to the decoder settings. The next degree of complexity to the evaluation of tuning properties of a neuron all through BMI control is delivered by interferences from the alternative neurons. The BMI output is produced through many neurons, not just by way of the neuron whose tuning is being assessed. Consequently, whilst the firing of 1 neuron is in comparison with the BMI output, as an instance, cursor trajectory, that is efficiently a comparison of hobby of 1 neuron with a variable composed from the interest of many other neurons. Therefore, the tuning evaluation seriously depends on the relative contribution of various neurons, two extreme instances may be considered: 1) the neuron in query has a very strong contribution to the decoder output whereas the contribution of the alternative neurons is pretty small, and 2) the neuron's contribution is very small and the decoder output is dominated via the alternative neurons. Inside the first case, the neuron's tuning will mainly constitute the decoder settings for the reasons defined above. In the second case, the neuron's tuning will mirror the connection of that neuron's firing to the actuator position generated by using the alternative neurons, irrespective of the decoder weights assigned to that neuron. Moreover, correlated firing among neurons may also have strong results at the BMI output and therefore on the tuning of man or woman neurons. For instance, if interest of a weakly contributing neuron is correlated with the activity of strongly contributing neurons, the tuning residences of the former will be very just like the ones of the latter. Overall, despite the fact that

ISSN: 2509-0119

Vol. 53 No. 2 November 2025



Vol. 53 No. 2 November 2025, pp. 464-497

characterizing neuronal patterns in the course of BMI manage the usage of tuning curves is helpful to show some fundamental capabilities (29, 98,99,100), interpretation of such tuning traits is not trivial.

The pitfalls of neuronal tuning evaluation for BMIs can be illustrated by means of the have a look at of Ganguly and Carmena (101) that attempted to symbolize the formation of latest "cortical maps" as the end result of getting to know to control a BMI. In that study, monkeys performed a two-dimensional middle-out venture the use of a BMI primarily based at the recordings from small (~15 neurons) M1 ensembles. The small-ensemble interest becomes translated into cursor function the use of a Wiener filter with 10 taps. The take a look at claimed that if the decoder is educated on day one and stuck afterwards, M1 neurons would plastically adapt to improve BMI overall performance and form a "cortical map." The authors argued that the equal M1 ensemble may want to concurrently maintain several "cortical maps" similar to unique decoder. The "cortical map" was described as a set of directional tuning curves, one per neuron. A close examination of this analysis exhibits that neuronal tuning becomes decided otherwise from how it became set by the deciphering algorithm. The ten-faucet Wiener filter out (100 ms bin width) efficiently assigned 10 tuning curves for each neuron, one per tap. But the authors selected to compute one tuning curve per neuron, which become derived either from an extraordinarily quick time window (200 ms) or a protracted one (2 s). The tuning curves were normalized to alternate from -1 to 1, which made it not possible to evaluate tuning electricity in extraordinary neurons. Elements just like the relationship of those tuning curves to the constant decoder settings, relative contribution of different neurons to BMI output, and neuronal correlations have been now not taken into consideration. As training on the BMI mission endured for 9-19 days, the tuning curves modified in the course of the initial training days and later stabilized, which changed into interpreted as the formation of a "cortical map." those modifications had been paralleled with the aid of a clear evolution of cursor actions, which started out as notably convoluted trajectories similar to random stroll, but changed to nearly directly middle-out trajectories in the course of the past due training days. This intended that the early and late tuning curves had been generated from very distinctive cursor movements, which by means of itself can give an explanation for the variations that seem as changes in neuronal tuning. As an example, the two-s time window maximum simply contained actions in very extraordinary instructions at some stage in the early days, and represented a greater uniform sample during the late days, an analysis this is assured to generate one-of-a-kind looking tuning curves. Consequently, the seemingly paradoxical end result that neuronal tuning curves changed for a set decoder that probably could have stored them very solid, most probable meditated changes in cursor movement patterns in preference to any significant traits of neuronal illustration of the external actuator. Given those concerns, that observer's end concerning the emergence of a "solid cortical map" seems questionable. An extra potential conclusion is that each BMI output and the underlying neuronal styles modified all through getting to know. Extra information would be had to compare if there has been any trade in the cortical representation of the actuator moves due to studying to govern the BMI. Especially, answers to the subsequent questions might be wanted: 1) how the neuronal tuning curves are affected by the decoder settings; 2) what different factors affect the tuning besides the decoder settings; and 3) how the tuning characteristics may be compared for datasets with very one of a kind actuator trajectory.

Inside the above examples, the fundamental trouble in comparing neuronal tuning during BMI manage is associated with a particularly round method: the actuator position is first generated from neuronal hobby the usage of a mathematical algorithm, and then a try is made to determine the relationship among the neuronal patterns and actuator moves another time, and to extract the features on this relationship that aren't explainable simply through the decoder settings. This trouble may be averted if neuronal tuning is classed based totally on parameter that is not generated by the decoder and can be manipulated independently of the decoder settings. Such an evaluation became performed in our observe of a BMI for bimanual movements (39). In that take a look at, we evaluated neuronal tuning to goal role, the parameter that unrelated to the decoder settings. Monkeys managed 2nd actions of virtual fingers the use of a BMI; a separate target was specified for each hand. For the reason that target positions had been now not included within the decoder variables, neuronal tuning to the targets could not be an effect of the decoder settings. An k-nearest neighbor (k-NN) classifier UKF decoder become used to extract the screen places of targets from cortical ensemble interest on each behavioral trial, and the share of correct classifications changed into used as a degree of illustration electricity. The locations of the goals for each digital palms have been surely represented through the cortical neuronal ensemble. Those representations endured throughout mind-manage trials and passive statement trials. The passive statement trajectories did now not change every day. Consequently, we used them to evaluate long-term adjustments within the neuronal responses to the digital palms. This evaluation changed into legitimate because passive commentary trials did no longer contain BMI manage. The analysis changed into carried



out offline via applying a UKF decoder to the neuronal recordings and the usage of interpreting accuracy as a degree of tuning power. We observed a clean development in interpreting accuracy across the education days.

Several studies evoked gaining knowledge of (and related plasticity) through altering BMI decoder settings and looking at behavioral and neural adaptions to such manipulations. As a result, Chase et al., examined a BMI that generated 2nd cursor role from monkey M1 activity using a linear decoder (100). next, they implemented a rotational transformation to the contribution to the BMI output from a subset of neurons. Despite the fact that this manipulation to begin with resulted in curved cursor trajectories, their monkeys adapted to the brand-new situation and straightened the trajectories. The evaluation of neuronal responses showed that the entire neuronal population contributed to that edition, now not only the neuronal subset with perturbed BMI outputs. using a comparable manipulation, Ganguly and Carmena (101) perturbed BMI output with the aid of randomly shuffling neuronal inputs to a fixed Wiener filter. Their monkeys efficiently adapted to that perturbation.

Sadtler et al. (102) devised a technique that made adaptation to BMI manage especially difficult. They applied an issue analysis to extract correlated neuronal responses and constitute them as an intrinsic manifold, a subspace in a multi-dimensional space of populace firing rates. The authors observed that monkeys efficiently discovered to govern the BMI with the inputs taken from the manifold, but found out with great difficulty if the inputs came from the outdoor of the manifold. In other phrases, monkeys tailored to a new decoder if it did now not require them to modify the original shape of neuronal correlations. Even though this have a look at appears to signify an existence of sturdy synergies between the neurons in an ensemble, there may be additionally an alternative clarification. The look at utilized a threshold crossing approach for detecting multiunit spikes, a method at risk of inclusion of noise into the spike facts. The noise most possibly ended up outside the intrinsic manifold, so in the outdoor-of-manifold task monkeys have been asked to manipulate the BMI with noise, obviously an undertaking not possible to research.

Further to mind plasticity prompted via learning to function motor BMIs, plasticity occurs after education with sensory BMIs. studies conducted in our laboratory (103,104) enabled rats to perceive infrared mild the usage of a BMI that converted the indicators from the head-hooked up infrared sensors into ICMS of the rat number one somatosensory cortex (S1). gaining knowledge of to apply this BMI resulted within the emergence of an illustration of infrared mild in S1. moreover, this new representation coexisted with S1 illustration of the rat whiskers. Notwithstanding the progress in studies on BMI-triggered neuronal plasticity, this research remains at the preliminary level. plenty extra work can be had to further make clear our expertise of this phenomenon. If one might must select one consensual view on this discipline, it is the assumption that without the occurrence of a few degrees of cortical plasticity, BMIs could no longer be capable of perform as efficaciously as they do. In other phrases, after a decade and a half of extreme paintings, BMIs absolutely owe their prominence in structures neuroscience to the exuberant propensity of the adult mammalian cortex to evolve itself to new project contingencies, especially when exposed to rich feedback indicators.

#### 3. BMIs with Artificial Sensations

#### 3.1. Restoration of Sensations

Sensory BMIs permit the go with the flow of facts from the external international to be added back to the subject's brain (105-18). Those systems try to repair harm to sensory neural circuitry. In principle, sensory BMIs may want to interfere with exclusive ranges of neural sensory processing, from peripheral receptors to the spinal cord, brain stem nuclei, thalamus, cortical sensory regions, and cerebellum. For the development of neural sensory BMIs, it's miles vital to take into account that sensory processing does no longer depend most effective on a unidirectional drift of data from the peripheral receptors or sensory organs to hierarchically better processing levels. top-down modulatory alerts (e.g., describing affects to the lower-order areas from the better-order brain areas) are critical for sensory processing in unsleeping subjects. Such modulatory indicators are critical for the duration of the execution of voluntary movements (109-114) and lively sensory exploration of the surroundings (115-119).

Sensory impairments can take many forms, from a whole lack of sensation as a result of destruction of peripheral receptors and nerves to impairments of positive components of sensory processing that occur whilst cortical or subcortical areas are damaged. as an instance, following extensive lesions to the number one visible cortex, sufferers (120-122) and monkeys (123) do no longer understand visual stimuli, but might also preserve a potential to make use of visible records. This phenomenon, called blindsight,



Vol. 53 No. 2 November 2025, pp. 464-497

is mediated via subcortical visible structures like the advanced colliculus. additionally, harm to cortical regions of the so-known as ventral visible circulate produces deficits of visible item reputation, whereas harm to the dorsal movement regions impairs spatial visual processing and visually guided moves (124-126). Even as such extraordinary sensory disabilities should in all likelihood be handled with BMIs within the future, contemporary implementations of sensory BMIs deal basically with instances of damage to peripheral sensory receptors, sensory nerves, or spinal tracts. In these cases, there is a lack of ordinary sensation, but better-order sensory areas remain intact and could nonetheless procedure sensory statistics if it's far introduced to them the usage of a BMI. therefore, sensory BMIs attempt to mitigate the devastating results of peripheral lesions via linking those intact brain regions to synthetic sensors.

We can attention on sensory BMIs that enable artificial tactile sensations. In such BMIs, electric stimulation is generally used to reactivate sensory responses. Moreover, numerous papers have these days employed optogenetic methods to induce somatosensory sensations. Stimulation can be applied to somatosensory cortex (127-130), thalamus, and peripheral sensory nerves (131-134). Tactile sensations evoked through electric stimulation of the floor of the postcentral cortex without eliciting moves were first defined in 1909 with the aid of Harvey Cushing (135); they had been later substantially studied by means of Wilder Penfield (136). Penfield's sufferers most often stated sensations of numbness or tingling, not often ache. The contemporary era in this research began with the experiments of Ranulfo Romo et al., who employed small currents injected via a microelectrode, the approach referred to as ICMS, to awaken tactile sensations in monkeys. Romo's monkeys commenced with mastering a sensory discrimination venture wherein they compared vibrotactile stimuli carried out to their arms one after another. The animal pronounced, via pressing a button with an opposite hand, which of the two vibrations had a higher frequency, subsequent, the first stimulus within the series remained vibrotactile, whereas the second was an ICMS teach carried out to S1. The task was once more to compare the frequencies at which the stimuli were presented. Distinctly, monkeys started out to efficiently compare the vibrotactile and ICMS styles with little or no exercise. This result recommended that sensations corresponding to pores and skin vibration can be evoked artificially with ICMS of S1. Romo et al. (130) penetrated S1, with a microelectrode positioned at a brand-new area every day; they did now not implant those microelectrodes. With this approach, they couldn't look at lengthy-term modifications inside the ICMS-brought about artificial sensations.

A long-time period observes of ICMS outcomes with implanted microelectrodes become conducted by way of our laboratory. The experiments were performed in owl monkeys chronically implanted with cortical microelectrode arrays. The experimental mission consisted of getting animals attain and open one in all two doorways. Animals have been trying to find a piece of meals that become hidden behind one of the doorways. In every trial, the region of the meals became cued by using an ICMS train. gradually, extra complicated ICMS styles had been employed because the animals found out novel tasks. Monkeys had been first required to virtually detect the presence of ICMS. Subsequent, they had to discriminate temporal patterns of ICMS, and eventually they discriminated spatiotemporal ICMS patterns added through more than one electrode. Although it took numerous weeks for monkeys to analyze the initial, easy task, their capacity to interpret new ICMS patterns surely improved after several months of education with ICMS. After this preliminary studying section, animals may want to acquire a new and extra difficult challenge in just a few days. This end result indicated that ICMS regularly generated a new feel, some sort of artificial contact sensation, that monkeys may want to simply make use of. In truth, plainly a few degrees of generalization became performed by using these monkeys after some months of schooling, which allowed them to research new responsibilities that concerned ICMS faster than when they have been naive in phrases of experiencing ICMS. We also performed a take a look at in rhesus monkeys in which ICMS of the S1 told the animals about the direction of joystick motion they had to produce in a trial (137). just like the owl monkey test, rhesus monkeys discovered that assignment after numerous days of schooling.

Talbot et al. (130) requested if sensations from different skin locations might be evoked using ICMS. They applied ICMS via distinctive microelectrodes of the arrays implanted inside the hand illustration of S1. Monkeys said with eye actions where on the hand they felt the stimulus. Predictably, these experiments showed the well-known S1 somatotopic employer (138). Moreover, it became decided that monkeys may want to discriminate ICMS depth and in shape it to the stress carried out to the hand using a mechanical probe. actually, the equal experiment became recently performed in a tetraplegic affected person implanted with a Utah array in S1 (139). The patient efficaciously matched cortical stimulation websites to different hand places. Stimulation applied



Vol. 53 No. 2 November 2025, pp. 464-497

through ECoG grids has been shown to awaken somatosensory sensations, as properly. This stimulation method evoked sensations of tingling, numbness, and temperature. electrical stimulation of both the precentral and postcentral places turned into effective in generating those sensory consequences.

Several studies explored peripheral nerve stimulation as a method to provide people with artificial tactile sensations. One observes (140) hired peripheral nerve cuff electrodes implanted in two patients with arm amputation for greater than 1 yr. Patterned electrical stimulation of the nerves produced contact perceptions within the phantom fingers that the sufferers described as being herbal (tapping, stress, moving contact, and vibration); the sensations changed with adjustments in the stimulation pattern. those synthetic sensations improved the topics' overall performance with a prosthetic hand, in the different observe, phantom hand sensations were evoked in amputees the usage of electric stimulation of the median or ulnar nerve added thru a ninety-six-channel Utah arrays, which remained implanted for 30 days. The identical stimulation technique becomes applied to reproduce sensations from a hand prosthesis that executed grasping obligations (132).

Numerous somatosensory BMIs had been verified in rats, taking gain of the outstanding tactile competencies of these animals. A examine of John Chapin's laboratory (141) stated a BMI that guided rat navigation through three-dimensional structures. guidance cues had been supplied through ICMS of S1, while locomotion become reinforced by ICMS implemented to the medial forebrain bundle, a shape acknowledged to be part of the brain's praise machine. A human operator used this BMI to influence rats over complicated terrains. Venkatraman and Carmena (142) advanced a lively sensing paradigm primarily based on ICMS of rat S1. ICMS become introduced when a whisker crossed a spatial location distinctive as a target. Rats have been rewarded for localizing the invisible target and crossing it numerous instances with the whisker.

Using rats as an experimental model, Thompson et al. (143) showed that ICMS of S1 may be used to alternative or increase the animal's herbal imaginative and prescient. Their BMI allowed rats to use the S1 cortex to understand, or "contact," otherwise invisible infrared light. light from infrared (IR) assets become detected by way of head-hooked up sensors and transformed into ICMS implemented to the rats' S1 illustration in their facial whiskers. initially, rats took 4 wk. to learn how to use a BMI with a single infrared detector to discover reward ports that emitted infrared light. An improve to this gadget covered 4 IR sensors that supplied a breathtaking infrared imaginative and prescient (144). the use of this gadget, a new organization of rats took most effective 3 days on common to discover the identical infrared assets. After rats learned to make use of this BMI, electrophysiological recordings discovered that S1 neurons developed multimodal receptive fields that represented both somatosensory responses from the facial whiskers and infrared mild generated inside the animal's surroundings. those outcomes confirmed that, even in grownup animals, number one cortical areas can contain new sensory representations, leading to the emergence of more than one and overlapping sensory maps simultaneously sustained via the same neuronal populations.

Sensory substitution via haptic stimulation of the concern's body is an opportunity to the usage of the neurostimulation technique, that's mainly relevant to neurorehabilitation. A study through the stroll once more consortium (145) used haptic stimulation to repair the sensation of self-reliant taking walks to paraplegic sufferers. For this cause, a brand-new paradigm becomes developed for reproducing lower limb somatosensory comments in paraplegics with the aid of substituting sensations generated by way of a haptic display placed on patients' forearms for the everyday sensation generated by means of strolling legs. first of all, leg moves had been simulated via making an avatar of the patients pass in immersive virtual fact surroundings. patients used goggles to take a look at their avatars shifting on one-of-a-kind ground surfaces whilst a haptic show became used to deliver a wave of tactile stimulation to the skin of their forearms, using this haptic display brought about patients to experience the belief of on foot on numerous surfaces: grass, a paved street, or seashore sand, moreover, patients perceived leg actions throughout the swing section of the avatar legs and skilled the perception in their toes rolling at the ground, regardless of the reality that their legs have been completely paralyzed. those effects confirmed that digital fact training mixed with haptic stimulation resulted in the assimilation of the digital lower limbs inside the frame illustration present inside the patients' brains, those findings advocate that, inside the destiny, the addition of wealthy haptic comments to rehabilitation gadgets will be important to restore realistic perceptual revel in in paralyzed sufferers. Similarly to electric stimulation, optogenetic stimulation has been steadily gaining popularity, so it's miles viable that this method may be utilized in sensory BMIs within the destiny, any other stimulation method employs ultrasound (146,147), lately, implantable micro coils were evolved for magnetic stimulation (148).



#### 3.2. Brain-Machine-Brain Interface

SSN:2509-0119

Brain-Machine-Brain Interfaces (BMBIs), also referred to as bidirectional BMIs, perform both the extraction of motor command alerts from uncooked brain hobby and the transport of sensory feedback to the mind (149-152) or peripheral nerves. This technique became pioneered by way of our laboratory (153,154). In our experiments, rhesus monkeys have been chronically implanted with microelectrode arrays in M1 and S1. M1 implants have been used for the extraction of motor instructions, and ICMS turned into brought via S1 implants. The motor loop of this BMBI controlled movements of an avatar arm shown on a laptop screen positioned in the front of the animals. Monkeys used this avatar arm to actively explore a hard and fast of digital items (2 or 3 gray circles) rendered inside the virtual space they searched. The items have been visually equal but differed in phrases in their synthetic texture. Monkeys needed to check the objects' texture through the use of the BMBI to test their avatar hands over the surface of the virtual objects. whilst a monkey's avatar hand got here into digital contact with the surface of a given item, a pattern of ICMS became brought to the hand representation of the animal's S1. Monkeys needed to pick out a particular virtual texture the usage of this BMBI after which maintain the avatar give up it to gain a fruit juice reward. The implementation of this BMBI had a caveat: due to the fact that ICMS evoked electrical artifacts that occluded the neuronal spikes, recordings and stimulation could not be performed concurrently. This problem was solved via switching from recording to stimulating each 50 ms. although this method led to a loss of some neuronal statistics, the BMBI nevertheless completed nicely because numerous hundred neurons have been recorded concurrently. A comparable BMBI was mentioned via Richard Andersen's institution. In that machine, ICMS was carried out to S1, whereas BMI manipulate instructions had been extracted from percent.

Numerous current research has implemented bidirectional interfaces with peripheral nerves. Davis et al. (101) verified real-time manage of a robotic finger by amputees the usage of multielectrode recordings from the median or ulnar nerves. The interpreting became done with the aid of a Kalman filter out. The equal electrodes were used to supply sensory comments the use of electrical stimulation. the other take a look at (132) suggested a myoelectric interface that amputees could manage the usage of floor EMGs to produce grasping movements the use of a robot hand, grasp pressure feedback, produced by robot sensors, became delivered using intrafascicular stimulation of the median and ulnar nerves; stimulation depth turned into proportional to the sensor signal. This bidirectional setup enabled the topics to keep three force stages without looking at the robot hand. Similarly to BMBIs that offer sensory remarks from an external actuator, numerous current demonstrations of closed-loop interest-established stimulation may be defined as BMBIs. In those systems, neuronal activity is recorded from a mind place and then transformed into a sample of electrical stimulation added to the same or a specific place. Such remarks loops can also serve one-of-a-kind functions. Andrew Jackson and his colleagues at Eberhard Fetz's laboratory hired a neural implant to form and give a boost to an artificial connection among two sites inside the motor cortex of freely behaving monkeys (155,156). The implant prompted electrical stimulation in a single cortical area with neuronal discharges recorded from an exceptional site, several days of operation of this implant produced a stable cortical reorganization that changed into obtrusive from the modifications in wrist moves evoked with the aid of electric stimulation applied to every web page. Wrist movements evoked from the implant's recording website online began to resemble the ones evoked from the stimulation website, which indicated that a Hebbian potentiation of synaptic connections came about for the synthetic connection. The authors recommended that this approach may be used for neurorehabilitation within the destiny.

Lucas and Fetz, hired EMG-prompted cortical stimulation to result in a comparable centered reorganization of cortical motor output. They discovered that the stimulated cortical web page became related to the hobby of the recorded muscle, even though that specific muscle was now not represented by neurons in that cortical location previously (157), but another examines by the Fetz laboratory (158) established that spinal stimulation, induced from cortical spikes, may want to alter the electricity of corticospinal connections in a manner steady with spike-timing-established plasticity.

several studies have proven that closed-loop stimulation structures can cause partial restoration of characteristic in neurological situations on account of injury or disorder. Guggenmos et al. (159) hired a purposeful bridge connecting motor and somatosensory areas of the rodent brain to sell recuperation of motor competencies after annoying mind injury. McPherson et al. (160) used EMGcaused spinal stimulation to facilitate healing after spinal cord harm in rats. ordinary, these studies showed that BMBIs may be used to plastically alter neural connectivity and sell purposeful restoration. Our laboratory advanced a closed-loop stimulation machine for epilepsy manipulate (161). In that examine, rats have been handled with pentylenetetrazole to provoke epileptic seizures. The



machine detected the seizure episodes in cortical LFPs, and implemented electrical stimulation to rat spinal cord to suppress the seizures. This technique reduced the frequency of seizure episodes by 44%. inside the destiny, a comparable approach may additionally show useful for the treatment for drug-resistant epilepsy. A stimulation device has been suggested as an ability prosthetic machine for enhancing memory (162, 163). In that research, a more than one-enter, multiple-output version reproduced the associations among CA3 and CA1 regions of the rat hippocampus. Neuronal ensemble recordings had been conducted in CA3 and CA1 of rats acting a behind schedule-nonmatch-to-sample reminiscence mission. A nonlinear MIMO changed into skilled to are expecting CA1 pastime based on CA3 patterns. The expected styles of hobby were then introduced to CA1, using electrical stimulation thru the identical electrodes that recorded neuronal spikes. The stimulation progressed assignment performance in normal rats and restored performance in rats with a pharmacological block of hippocampal synaptic transmission. The authors advised that this approach can be used to repair long-term reminiscence feature in patients with harm to hippocampus and its interconnected systems.

## 4. Cognitive BMIs

SSN:2509-0119

Cognitive BMIs or cognitive neural prostheses cope with mind interest related to higher-order functions, instead of more easy motor and sensory features. even though the difference between higher-order and lower-order functions isn't clear reduce, through conference BMIs are known as cognitive in the event that they paintings inside the domain names of cognitive states (164,165), govt capabilities (166), choice making (167-169), reminiscence (162,163), attention (170,171), and language (172-177). Numerous intracranial cognitive BMIs had been evolved, ordinarily handling deciphering of various elements of motor selections at some point of the durations of immobility preceding movement onsets. as an instance, Hasegawa et al. (178) decoded move versus nocross decisions, and the organized saccade path from the activity of monkey advanced colliculus neurons. Musallam et al., decoded the illustration of anticipated rewards and motor decision from the neural activity recorded within the cortical parietal reach region. In that have a look at monkeys have been engaged in an instructed-delay assignment wherein they organized an arm motion, however withheld it for numerous seconds. in the beginning of each behavioral trial, the monkey changed into shown a cue that indicated what kind of reward would take delivery of. A Bayesian algorithm changed into applied to decode expected praise and target vicinity simultaneously. In our laboratory, a BMI technique was employed to extract choices worried in reprogramming a motor purpose (179).

Motor imagery, extensively utilized in non-invasive BMI (180-185), can be taken into consideration a cognitive thing of a BMI. Richard Anderson's group lately decoded motor-imagery from the intracranial p.c recordings in a tetraplegic human. pace is engaged in better-order factors of motor behaviours'. within the tetraplegic concern, motor imagery absolutely activated distinctive percent neurons, relying on the specific movement being imagined (e.g., imagining hand movement to the mouth or ear, imagining shoulder rotation, etc.). additionally, percent neurons answered to the imagery of motion aim, movement trajectory, and the sort of motion. most of these variables have been efficaciously decoded from the pastime of p.c neuronal populations. moreover, the concern found out to control a robotic arm by means of imagining movements. As intracranial recording techniques become more ordinary in clinical studies, we can possibly see a speedy development in BMIs related to human cognitive approaches. Advances in this new area will in all likelihood make a contribution to the emergence of latest scientific packages for BMIs, in addition to the incorporation of essential know-how approximately the neurophysiological involved in higher mind features.

## 5. Brain-to-Brain Interfaces

The increase of BMI research gave upward push to a massive type of spin off experimental paradigms. In one of the variations of the classical BMI technique, more than one animal (or human) brains may be linked to each other to set up a direct mind-to-brain verbal exchange linkage, known as brain-to-brain interface (BTBI) (186). in the different variation, numerous man or woman brains collaborate on a commonplace motor project by way of organising a network of brains, or a Brainet (187,188). By definition, BTBIs permit more than one animal to trade statistics using a protocol that consists of both neural recording and stimulation. The pioneering BTBI changed into implemented in rats (186). In that have a look at, the primary animal completed the function of records encoder, and the second one animal turned into the decoder of an easy binary message. The binary message represented the encoder rat performing a -choice behavioral assignment (lively tactile discrimination or responses to a visible stimulus). The encoder rat's



Vol. 53 No. 2 November 2025, pp. 464-497

neuronal firing costs, recorded from either the S1 or M1, relying on whether or not the rat achieved a tactile discrimination or a visuomotor task, underwent a sigmoid transform after which were converted into styles of ICMS implemented to S1 or M1 of the decoder rat. This latter animal will be located subsequent to or far other than the encoder. On common, the decoder reproduced the behavioral picks of the encoder rat in about 70% of the rigors, during operation of the BTBI, the encoder rat obtained a further reinforcement. Pais-Vieira and co-workers noticed that following an error via the decoder rat, the encoder rat tailored each its behavior and cortical interest to generate purifier neuronal indicators to be broadcast to its partner, always, the decoder rat done better after this encoder's adaption. In the next take a look at by way of Pais-Vieira et al. (187), several rat brains were related to a network of brains - named a Brainet - that accomplished several primary computations, like discrimination of ICMS styles with the aid of numerous rats simultaneously to improve typical discrimination accuracy, or keeping facts in their collective memory by means of shifting it from rat to rat (187).

ICMS served as an input to one of these Brainet, whilst the output became derived from cortical pastime of the collaborating animals. essentially, the Brainet acted as a natural computer that processed enter facts thru a network of living brains. These initial publications were accompanied by way of some of research by special corporations unified by using a not unusual theme of connecting of the brains of various organisms. Yoo et al. (188) linked the mind of a human to the spinal cord of a rat. The human operated an SSVEP-based BMI to generate "go" commands to an anesthetized rat. The command changed into executed by way of applying transcranial focused ultrasound to the rat motor cortex, causing the motion of the animal's tail (189). In any other examine BTBI linked distinct species (190). The human tried to make the cockroach stroll along an S-shape track, and succeeded in 20% of instances. in the other observe (191), the premotor cortex of one monkey becomes related to the spinal wire of a 2nd, anesthetized primate, the second monkey's hand became attached to a joystick, the primary monkey generated motor purpose commands while looking at a laptop display that confirmed a cursor and a target of movement. This goal command becomes extracted from premotor cortex interest and translated right into a stimulation sample carried out to the spinal twine of the second one monkey, inflicting the joystick movement, which in turn moved the cursor on the primary monkey's display. A proof of concept examines (265) confirmed that gene expression may be controlled with the aid of brain alerts. In that take a look at, a human running an EEG-based BMI optogenetically controlled the expression of dressmaker cells. The clothier cells were both in subculture or in subcutaneous implants in mice. Numerous BTBIs have been tested in human beings. Rao et al. (192) hired a totally similar BTBI design, with the distinction that TMS was implemented to the motor cortex of the second concern. thus, the second one subject responded with a TMS-prompted hand motion that produced a touchpad press. Even as the research reviewed above emphasised direct communication between unique brains, our laboratory these days validated numerous Brainets that emphasized cooperation of more than one subjects to attain a common motor goal of a standard higher limb BMI (188). In that have a look at, two or three monkeys shared control of the actions of an avatar arm using their combined cortical hobby. 3 Brainet designs have been examined, the primary layout, referred to as shared-manage Brainet, merged the outputs of monkey brains. Cortical pastime of every monkey was processed via a separate decoder. The decoder outputs have been then averaged to set the coordinates of the avatar arm. performance development became completed due to the fact the averaging of contributions from each monkey's superior the sign and suppressed the noise. in the 2nd layout, known as partitioned manipulate Brainet, monkeys achieved together again, but they'd one-of-a-kind tasks. the first monkey generated neural control instructions to transport the avatar arm in the horizontal dimension, while the other monkey controlled the vertical dimension. In that Brainet, overall performance improved due to the fact each monkey made fewer errors inside the simple, one-dimensional challenge. inside the 1/3 Brainet layout, named a triad Brainet, 3 monkeys cooperatively managed 3-dimensional actions of an avatar arm. but each monkey performed a -dimensional project, and all animals have been unaware that the cooperative task turned into 3-dimensional in nature. That design modelled a "extraordinary-mind" that, by combining the mind activity of 3 individual brains into a single computing machine, handles a better-order venture whilst character brains have lower-order contributions. Rather comparable cooperative structures have been developed the usage of EEG-based totally controls by using numerous humans, those consist of a BMI for spacecraft navigation controlled by two users, BMIs for group choice making (193-195).

ISSN: 2509-0119

Vol. 53 No. 2 November 2025



# 6. BMI as A potential Neurorehabilitation Therapy

SSN:2509-0119

since the past due Nineties, when BMI studies started in earnest, the field has targeted in the main on accomplishing two essential goals: 1) to set up a new paradigm to investigate the dynamic physiological properties of allotted neural circuits in behaving animals, and a pair of) to discover the possibility of creating new assisted technology, aimed toward restoring upper, decrease, or complete body mobility in severely paralyzed patients. For the beyond decade, the focus on developing clinical programs based totally on BMIs has improved markedly, as cited at some stage in this assessment. yet, no person had expected that this paradigm could provide benefits past the typically said goal of assisting sufferers in regaining mobility through the employment of a brand-new technology of brain-controlled prosthetic or orthotic devices. thanks to latest clinical research, however, a third capability destiny software of this paradigm has been delivered: the use of BMIs as a neurorehabilitation tool (196-204).

To this point, non-invasive BMIs had been used as neurorehabilitation equipment more often than not in scientific research targeted on stroke sufferers. the main assumption motivating those studies has been that practice with a BMI that mimics movements of a paralyzed limb ought to facilitate brain plasticity and contribute to a few stage of motor healing. for example, stroke patients can learn how to function an MEG-based BMI via modulating their  $\mu$  rhythm recorded in the hemisphere ipsilateral to the lesion (205). on this look at, the BMI opened and closed an orthosis that changed into attached to the paralyzed hand (206). This getting to know did no longer motive sizeable clinical improvements. however, long-time period BMI schooling mixed with physical remedy led to clean motor healing (207,208). As shown by means of the evaluation of motor evoked potentials (MEPs), the restoration changed into associated with stronger neuronal activity inside the hemisphere ipsilateral to the stroke website online. similar results had been demonstrated by a observe that combined a BMI-controlled robotic with robot-assisted bodily therapy (209). Combining BMI education with virtual fact resulted in scientific upgrades as properly (210). moreover, an aggregate of BMI control with transcranial direct current stimulation (tDCS) showed fantastic clinical effects (211).

Much less research has been carried out at the effectiveness of BMI schooling in patients with SCI. in the first lengthy-time period take a look at of this kind, Donati et al. (212) conducted BMI education of eight chronic paraplegic sufferers in a multi-degree rehabilitation paradigm, aimed toward restoring bipedal locomotion thru robot lower limb orthoses. The center of this paradigm became based totally on the usage of an EEG-primarily based BMI that allowed patients to manipulate a couple of actuators, ranging from avatar bodies to 2 varieties of robotic walkers: a commercially available gait robot machine (Lokomat) (384) and a custom-designed decrease limb exoskeleton. similarly to the traditional visual comments, this BMI become additionally coupled with a haptic display system that added continuous streams of tactile information to the pores and skin of the patients' forearm, these artificial tactile/proprioceptive indicators have been generated both whilst the avatar body walked on a digital floor, or while the patients walked with the assist of the robotic devices, inside the latter case, strain sensors implemented to the plantar surface of the robotic ft were liable for generating indicators depicting the toes's contact with the floor at some point of bipedal walking, last the control loop with this haptic show led sufferers to experience vibrant decrease limb phantom sensations, which covered the phantasm of experiencing leg actions even when they had been running the avatar frame even as remaining immobile themselves, furthermore, using the data brought by way of the haptic display applied to the pores and skin floor in their forearms, six out of 8 patients should discriminate between three one-of-a-kind sorts of floor in which the avatar body walked (e.g., sand, grass, and asphalt).

Notwithstanding being absolutely paraplegic, motionless from the level of the spinal cord lesion down, lesions ranging from (T4-T11), since the day in their spinal twine lesions (3–13 years in advance), and lacking any somatic sensation under the level of the lesion, after a 12 months period of education with this BMI paradigm, all patients exhibited a very enormous partial neurological healing, which became characterised by way of the following: 1) a mean expansion of five dermatomes, in pinprick, nociceptive sensation, in the sector of partial upkeep,1 (under the extent of the lesion); 2) an average 1–2 dermatome expansion in high-quality contact extensive improvement in proprioception and vibration notion beneath the level of the lesion; four) recuperation of voluntary manipulate of more than one muscle tissue beneath the extent of the SCI lesion, as measured by EMG recordings and direct pressure measurements. In some cases, sufferers regained the capability to provide multi-joint leg movements; 5) marked improvement in the taking walks) an improvement in thoracic lumbar control; and 7) restoration of peristaltic and bowel moves, bladder control, and development cardiovascular function.



Because of this great neurological recovery, 50% of the 8 sufferers have been upgraded from an entire paraplegia (ASIA A n = 7, ASIA B n = 1) to a partial paraplegia type (ASIA C) on the cease of 12 mo of training with this BMI-based protocol. Longitudinal evaluation of EEG recordings acquired from these patients at some stage in the 12-months schooling length revelled that this partial sensory, motor, and visceral healing become paralleled by way of a ramification of the illustration of decrease limbs of their primary sensorimotor cortex. primarily based on those results, Donati et al. (212) proposed that a combination of cortical and spinal twine plasticity, caused by means of persistent use of a BMI that provided rich visuo-tactile feedback, might also have rekindled final axons that survived the unique spinal cord damage. Basic, the look at by Donati et al. (212) raises the concrete opportunity that the destiny dreams of BMI studies may encompass the opportunity of making healing methods geared toward inducing a few degrees of neurological restoration in patients tormented by incomplete SCIs. As such, BMIs may also come to be a true neurorehabilitation paradigm for those patients, in preference to a mere assistive technology.

## 7. Applications

SSN:2509-0119

BCIs had been proposed for use in lots of fields, together with medicinal drug, neuroscience research, education/schooling environments, human—laptop interaction, and even gaming/entertainment packages in which customers can manipulate virtual items the use of most effective their thoughts with none bodily motion required. further to these extra traditional uses, there may be additionally ongoing work exploring new areas together with notion-managed wheelchairs, which permit disabled humans extra freedom of mobility without counting on guide controls; prosthetic gadgets enabling amputees to have better manipulation abelites than ever before; communique aids designed especially for people suffering from extreme speech impairments; remote tracking structures that song essential signs at the same time as permitting patients greater independence at domestic as opposed to having them live constrained in hospitals; and even mind-controlled drones. The possibilities appear limitless whilst considering what can be carried out if we have been able to recognize our brains better, so let us take a look at some examples where this generation has already made an impact.

## 7.1. Neuroproteins

BCIs are getting used to create neuroprosthetic gadgets, which permit people with physical disabilities to control external gadgets such as wheelchairs and robotic palms the usage of their personal mind signals. as an example, the BrainGate neural interface machine is a tool that can be implanted inside the brain to report electrical pastime from neurons and translate it into instructions for controlling external devices. The usage of BCIs in neuroprosthetics is a rapidly growing discipline, with potential programs starting from restoring communication to the ones who have misplaced it because of damage or contamination to imparting better control of prosthetic limbs. BCI technology has been used for many years within the medical sector but best recently started being carried out to the improvement of neuroprostheses [213-216].

One example of BCI era being utilized in neuroprosthetics is mind-controlled robot arms and palms [217-221]. those are designed to permit customers with spinal cord accidents or amputations to move their prosthetic limb by using absolutely thinking about it, in place of having to manually manage it using switches or joysticks. This form of device can also be used as an assistive device for humans with limited motor abelites, including stroke sufferers or those stricken by degenerative diseases such as ALS (amyotrophic lateral sclerosis). with the aid of decoding electric alerts produced via neurons within the person's mind, these devices can correctly predict what motion they have to take while given enter from the user, allowing them more independence and mobility.

Any other software for BCI era within neuroproteins is its use in restoring communique competencies for the ones not able to speak because of paralysis because of conditions inclusive of ALS, stroke, or annoying brain damage [222,223]. In this case, electrodes placed on the scalp come across electrical interest produced through neurons that could usually be associated with speech manufacturing after which translate this into phrases spoken thru an automated voice synthesizer. This permits people who cannot bodily produce sound themselves to nevertheless speak their mind and feelings without depending solely on writing them down or typing out messages the usage of eye-tracking software applications—enabling them a good deal greater freedom than before.

Neural implants are another shape of BCI technology presently being explored inside the realm of neuroprosthetics studies—mainly as part of "neurohybrid" systems combining each organic components (including nerves) and synthetic ones (consisting of



microprocessors) [217,224,225]. Neural implants involve surgically implanting electrodes at once into regions liable for controlling motion that allows you to acquire direct instructions from neuronal activity generated there as a substitute—probably resulting in even faster response instances than traditional kinds of BCIs, which rely on detecting signals transmitted thru scalp electrodes alone. Standard, BCI generation is an exciting new area with a wide variety of capacity applications in the realm of neuroprosthetics—from restoring verbal exchange abilties to presenting more desirable control over prosthetic limbs and past. As research maintains to development on this location, it could be predicted that in addition improvements could be made on the way to permit individuals with disabilities extra independence and mobility than ever before.

#### 7.2. Conversation

SSN:2509-0119

BCI generation is also getting used to broaden new ways of communicating for humans who have misplaced the ability to speak or write because of paralysis or different situations. for example, BCI systems may be used to discover intentions from customers' mind indicators after which convert them into textual content messages or even speech output thru laptop algorithms [226,227]. BCIs have turn out to be increasingly popular in recent years as a manner to enable conversation among people and machines. BCIs are gadgets that measure mind activity, which includes electric indicators from the brain, after which use this data to control external gadgets or systems. BCIs can be used for a diffusion of applications, which includes controlling prosthetics, scientific diagnosis, rehabilitation remedy, gaming, robotics control, and even conversation.

This form of studies is promising as it could be used to help human beings with disabilities who cannot talk verbally or physically due to paralysis or other situations. Other research has seemed into how BCI generation can be used for greater complicated styles of communication, which includes typing on a laptop keyboard or giving speech commands thru voice recognition software [228-233], these types of packages ought to prove beneficial for supporting individuals with excessive motor impairments regain a few stages of independence whilst speaking with others, additionally, there have additionally been tries at growing interfaces that allow customers to generate language through idea by myself the use of EEG recordings, at the same time as those technologies are nonetheless quite new and require similarly improvement earlier than they can be widely followed, they constitute a thrilling capacity destiny application for augmenting human-gadget interaction through BCI era. Universal, BCI era has the potential to revolutionize conversation as we comprehend it, at the same time as there are nonetheless loads of studies and improvement wanted earlier than this generation can be widely followed, the ability for enabling people with disabilities to communicate greater efficaciously or maybe generate language through notion alone is an exciting prospect.

## 7.3. Gaming

BCIs are more and more being utilized in gaming packages where gamers can have interaction with virtual environments using simplest their thoughts in preference to traditional controllers together with keyboards and joysticks [234-239]. One example of a sport that utilizes BCI is MindRDR, advanced through the London-based totally startup This vicinity [240]. the game makes use of EEG sensors to measure gamers' emotional responses at the same time as gambling, gamers use their mental focus or attention ranges to control the route and velocity of an avatar on screen. As gamers come to be extra emotionally engaged with the sport, their avatar will move faster and farther throughout the screen than if they have been not as focused or engaged with it. Another example of a BCI-enabled video game is brain Wars from NeuroSky Inc., which lets in players to compete in opposition to every different the usage of EEG headsets to degree brainwaves related to attention stages at some point of gameplay [241,242], gamers should concentrate difficult sufficient in order that their brain waves attain positive thresholds as a way to be capable of development through distinctive stages in the game. Similarly, there are numerous research initiatives underway exploring how BCIs may be used for digital reality gaming reviews [243,244], universal, BCIs provide splendid capacity in relation to improving gameplay experiences via offering gamers with new approaches of experiencing games beyond just urgent buttons on controllers or keyboards—allowing them instead to tap into emotions and concept techniques specific to themselves! With in addition advancements in era, BCIs ought to end up a major a part of the gaming enterprise inside the future.



#### 7.4. Education

SSN:2509-0119

BCIs are being used to enhance the mastering revel in by way of supplying real-time remarks about college students' cognitive states and assisting them cognizance better on their studies. This era has been used in numerous methods for educational functions, starting from supporting students with special needs discover ways to control their actions and communicate efficaciously to offering greater immersive mastering studies for all newcomers [245-248]. Studies on the use of BCI in training has proven superb results on the subject of improving scholar engagement and motivation. as an example, one takes a look at observed that the usage of BCI-based games progressed cognitive abelites among students who had problem paying interest for the duration of conventional school room sports. additionally, research shows that BCI may be used as a powerful tool for teaching abstract ideas together with arithmetic or foreign languages by means of allowing users to directly experience the material in place of relying entirely on verbal practise.

moreover, research have validated that the usage of BCIs can lessen pressure ranges amongst college students by way of supplying them with an extra herbal manner of interacting with computer systems than traditional input gadgets along with keyboards or mice. sooner or later, research shows that BCIs may additionally provide new opportunities for customized learning considering the fact that they permit teachers to tailor lesson plans according to person students strengths and weaknesses based on real-time feedback from brain hobby facts. Typical, studies indicates that BCI technology has the potential to revolutionize education via providing extra enticing and immersive mastering stories for college students of all ages.

#### 7.5. Intellectual Fitness

BCI technology is likewise being explored as a capacity treatment for mental fitness situations which includes depression, anxiety, and dependency via allowing clinicians to reveal sufferers' brain pastime in actual time and offer centered interventions when required [249-253]. In mental health care, BCI can be used to evaluate cognitive techniques which includes interest and reminiscence; discover adjustments in emotional states; display development in therapy; degree ranges of stress or relaxation; offer feedback during biofeedback sports; diagnose neurological problems which include Alzheimer's disease or Parkinson's ailment; enhance motor talents after stroke or worrying mind injury (TBI); assist people affected by despair manipulate their symptoms through self-regulation strategies; lessen tension related to public speaking; and greater, similarly, BCIs have been proven to be powerful equipment for helping sufferers develop better coping competencies whilst handling hard feelings together with anger or worry. Research suggests that BCI should probably revolutionize how we method mental healthcare through permitting us to quick perceive mental troubles at an early degree and intervene before they come to be serious troubles. for instance, a few studies have advised that EEG-based totally BCIs may be capable of stumble on subtle symptoms of distress related to depression that would now not commonly be picked up by using conventional methods of evaluation along with questionnaires or interviews by myself. other research has verified how portable EEG structures can be utilized in actual-time settings out of doors of a scientific environment, imparting clinicians with valuable data about the affected person's condition while not having the patient physically found in the front of them.

## 7.6. Sleep Medication

Currently, there has been an increasing interest in BCI's potential utility for sleep medication applications, consisting of improving sleep high-quality and diagnosing unique psychiatric and neurodegenerative sicknesses with the aid of analyzing slumbering tiers [253-259]. the use of BCIs should assist people music their snoozing patterns extra correctly than traditional techniques. One manner this era can be applied is thru EEG-primarily based BCI systems, which measure electrical hobby inside the mind at some point of exclusive degrees of sleep, those gadgets are capable of discover adjustments in neural oscillations related to speedy eye motion (REM) and non-REM sleep cycles, allowing correct monitoring of the person's progress throughout the night time. Every other promising utility for sleep BCIs is treating various types of insomnia by imparting targeted neurostimulation treatments which include transcranial alternating current stimulation (tACS). tACS uses low-depth electric powered currents added at once into unique regions of the mind believed to alter wakefulness/sleep cycles, accordingly helping reset atypical rhythms related to bad snoozing behavior or disruptions caused by stressors which includes jet lag or shift work schedules. Furthermore, research suggests that combining tACS with cognitive behavioral remedy may produce better results as compared to both remedy on my own in



relation to dealing with persistent sleeplessness situations along with primary insomnia disease or obstructive sleep apnea syndrome (OSAS).

Sleep mind pc interfaces provide brilliant capability for enhancing our information of how we manner records at some stage in restful states even as also enabling extra powerful remedies for common troubles related to the lack/disruption of ok close-eye—from slight instances regarding occasional problem falling asleep all the way up to extreme scientific problems such as OSAS. As those technologies maintain to advance over the years, we should see further improvements each in phrases of accuracy whilst monitoring physiological parameters associated with slumber and in phrases of efficacy whilst handing over personalised interventions supposed to optimize one's general wellness. Overall, there is still a great deal painting wanted earlier than we can fully understand the potential benefits presented by means of this exciting new generation, however preliminary findings recommend it can dramatically enhance our expertise of intellectual illness while presenting sufferers get right of entry to to greater personalised remedies tailor-made particularly for his or her character needs.

#### II. Conclusion

After a decade and a half of excessive development, BMI studies is presently witnessing a completely fast increase towards a broad range of capacity medical applications. This trend became at the beginning driven by way of the expectation that BMIs may additionally provide essential assistive equipment for folks who suffer from motor and/or sensory deficits. recently, this expectation has been upgraded to mirror the opportunity that BMIs may additionally become a brand-new neurorehabilitation therapy that takes benefit of the phenomenon of mind plasticity to set off partial neurological recovery in critically disabled sufferers.

#### **Conflict of Interest**

SSN:2509-0119

All authors declare no conflicts of interest.

#### **Author Contribution**

Authors have equally participated and shared every item of the work.

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Vol. 53 No. 2 November 2025, pp. 464-497

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Vol. 53 No. 2 November 2025, pp. 464-497

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